



## *Does Mentoring Matter?* **YES!**

*Big Brothers Big Sisters has been the leader in one-to-one mentoring for over 100 years and we have seen the studies, analyzed the research and witnessed it firsthand! Yes, mentoring when done right has a powerful impact on a child's life! That's why we follow proven best practices and work hard to provide children facing adversity with strong and enduring, professionally supported, one-to-one relationships that change their lives*



## **Making an Impact for Local Kids!**

### **High School Bigs Program Statistics:**

- 37 elementary school students participated during the school year
- 33 high school volunteers participated
- The average length of a match at the end of May 2016 was 9.2 months

### **School Based Program Statistics:**

- 52 elementary and middle school students during the school year
- The average length of the match at the end of May 2016 was 9 months

### **Community Based Program Statistics:**

- 89 youth served in the community based mentoring program
- The average length of a match in 2015 is 2.5 years

### **Parent Observations:**

- 78% reported an increase in their child's self confidence
- 78% reported improvement in their child's ability to make decisions
- 78% reported improvement in their child's academic performance
- 78% reported improvement in their child's attitude toward school
- 78% said their child was more prepared for school
- 78% said their child feels more hopeful about the future

### **Teacher Observations:**

- 81% reported an increase in students' self confidence
- 77% reported improvement in students' relationships with peers
- 86% reported an increase in students' academic performance
- 87% reported an improvement in students' attitude toward school
- 73% reported improvement in students' classroom participation
- 97% reported an improvement in students' behavior in the classroom

### **Mentor Observations:**

- 97% reported improvement in Little's self confidence
- 91% reported an increase in Little's level of trust toward them
- 76% reported improvement in Little's ability to express feelings
- 81% reported improvement in Little's attitude toward school
- 88% reported improvement in Little's ability to make decisions
- 73% reported improvement in the Little's scholastic competency
- 66% reported an improvement in the Little's science aptitude
- 75% reported an indication of the Little's increased trust in relationships with parents



# Making an Impact for Local Kids!

## Littles' Outcomes:

- 67% of Littles reported improving or maintaining their level of social acceptance, such as having friends or finding it easy to make friends.
- 78% of Littles reported improving or maintaining their educational expectations, such as graduating from High School and going on to college.
- The majority of Littles reported improving or maintaining their grades in math (78%), reading (56%), social studies (63%), and/or science (67%).
- 86% of Littles reported improving or maintaining their perception of risky attitudes, such as whether it's ok to use tobacco, drugs, alcohol, or break school rules.
- 89% of Littles reported improving or maintaining their level of trust towards their parents/guardians.
- 67% of Littles reported improving or maintaining their level of truancy, including their absenteeism and lateness at school.
- 100% of Littles reported that they had gained or sustained having at least one special adult in their lives who act as a mentor to them.
- **100% of Littles improved in at least 1 major positive youth outcome and 78% of Littles improved in at least 3 major positive youth outcomes during their year of participation in the High School Bigs program.**
- **On average, Littles ranked their closeness with their Big as a 4.93 out of 5 at the end of their year in High School Bigs. (4 = agree that they feel close to their Big, 5 = strongly agree that they feel close to their Big).**



## Specific High School Bigs' Outcomes:

- 75% of High School volunteers increased or maintained a sense of connectedness to their families during their participation in the High School Bigs program.
- 69% of High School volunteers increased or maintained connectedness to their school environment during their participation in the High School Bigs program.
- 99% of High School volunteers increased or maintained a sense of connectedness to their friends, peers, and social setting during their participation in the High School Bigs program.
- 84% of High School volunteers increased or maintained their self-confidence and made future-oriented decisions during their participation in the High School Bigs program.
- 82% of High School volunteers increased or maintained their belief that they can make a difference in their community.
- 82% of High School volunteers increased or maintained the enjoyment they get from doing something to benefit their community.
- 71% of Bigs "strongly agreed" and 29% of Bigs "agreed" that they enjoyed their participation in the High School Bigs program.
- 80% of Bigs reported their Little has made improvements since they started meeting (from EOSY SOR data).
- 74% of Bigs reported they felt close to their Little at the end of the school year (from EOSY SOR data).



**Big Brothers Big Sisters of Southwest Colorado**

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